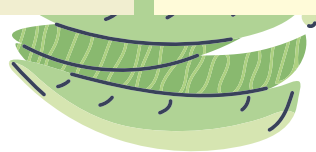
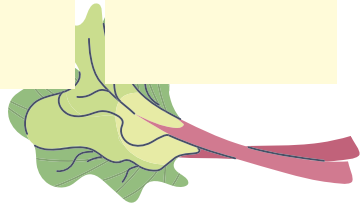


FODMAP REINTRODUCTION SCHEDULE

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

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Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday



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